

HEEL-FLAP HEEL		
<p>Work one of heel-st patts below or refer to “Heel Flaps” (page 66) for other options. Turn work to beg heel on WS row. Note that you will not sl sts at end of rows; you will work a garter selvage for picking up sts along heel flap.</p> <p>St st with 3-st garter edge Row 1 (WS): K3, purl to end. Row 2: P3, knit to end.</p> <p>Heel st with 3-st garter edge Row 1 (WS): K3, purl to end. Row 2: P3, *sl 1, K1, rep from * to last 3 sts, K3.</p>		
<p>Rep rows 1 and 2 of selected heel-st patt until you have 18 (24, 30, 36, 42, 48, 54, 60) total rows in heel flap; last row should be a RS row.</p>		
HEEL TURN		
<p>Work as follows: Row 1 (WS): Sl 1, P9 (12, 15, 18, 21, 24, 27, 30), P2tog, P1, turn. Row 2: Sl 1, K3, ssk, K1, turn. Note that there will be a small gap between working sts that form heel turn and unworked heel sts. Row 3: Sl 1, purl to within 1 st of gap, P2tog, P1, turn. Row 4: Sl 1, knit to within 1 st of gap, ssk, K1, turn.</p> <p>Rep rows 3 and 4, inc 1 additional knit or purl st after the sl 1 until all side sts are worked; end with completed row 4. There should be 12 (14, 16, 20, 24, 26, 30, 32) sts left on heel flap. When working rows 3 and 4, there may be no ending single st to work; some numbers don't work out.</p> <p>For ease of instructions, beg of rnd is now at center of bottom of foot. The needles are renumbered at this point. Needle 1 is beg of rnd and holds all heel sts.</p>		
GUSSET		
4 dpn	5 dpn	2 circular needles
Combine instep sts onto needle 2.	Needles 2 and 3: Instep sts	Needle 1: Heel sts Needle 2: Instep sts
<p>With RS facing you and needle 1, PU and knit 9 (12, 15, 18, 21, 24, 27, 30) sts from side of heel flap, PU and knit 2 sts at top of gusset (see page 79).</p>		
<p>Needle 2: Work across instep in patt. Needle 3: PU and knit 2 sts at top of gusset, PU and knit 9 (12, 15, 18, 21, 24, 27, 30) sts from side of heel flap, K6 (7, 9, 10, 12, 13, 15, 16) from needle 1.</p> <p>Sts per needle: (17, 18, 17), (21, 24, 21), (24, 30, 24), (30, 36, 30), (35, 42, 35), (39, 48, 39), (44, 54, 44), (48, 60, 48)</p>	<p>Needles 2 and 3: Work across instep in patt. Needle 4: PU and knit 2 sts at top of gusset, PU and knit 9 (12, 15, 18, 21, 24, 27, 30) sts from side of heel flap, K6 (7, 9, 10, 12, 13, 15, 16) from needle 1.</p> <p>Sts per needle: (17, 6, 12, 17), (21, 12, 12, 21), (24, 12, 18, 24), (30, 18, 18, 30), (35, 18, 24, 35), (39, 24, 24, 39), (44, 24, 30, 44), (48, 30, 30, 48)</p>	<p>PM, work 12 (12, 18, 18, 24, 24, 30, 30) instep sts in patt. Needle 2: Work rem instep sts in patt, PM, PU and knit 2 sts at top of gusset, PU and knit 9 (12, 15, 18, 21, 24, 27, 30) sts from side of heel flap, K6 (7, 9, 10, 12, 13, 15, 16) from needle 1.</p> <p>The needles hold left half and right half of foot sts.</p> <p>Sts per needle: (29, 23), (33, 33), (42, 38), (48, 48), (59, 53), (63, 63), (74, 68), (78, 78)</p>
CLOSE GUSSET TOP		
<p>Needle 1: Knit to last 2 sts, ssk. Needle 2: Work est patt. Needle 3: K2tog, knit to end.</p>	<p>Needle 1: Knit to last 2 sts, ssk. Needles 2 and 3: Work est patt. Needle 4: K2tog, knit to end.</p>	<p>Needle 1: Knit to 2 sts before marker, ssk, SM, work est patt to end. Needle 2: Work est patt to marker, SM, K2tog, knit to end.</p>